



**Making a Difference / Faire la différence**  
**National Respiratory Care & Education Conference**  
November 14-16<sup>e</sup>, 2019 • Fairmont The Queen Elizabeth • Montréal • QC

**MONTREAL**

**Conférence nationale en soins et éducation respiratoires**  
14 au 16 novembre 2019 • Fairmont Le Reine Elizabeth • Montréal • QC

# PROGRAM AT A GLANCE

**Thursday, November 14, 2019**

**1:00 – 4:00 PM Pre-Conference Deep Dive Workshops**  
**Motivational Interviewing** (Introduction)

Co-Facilitators: Aaron Ladd BMR RRT FCSRT MEd CTS CRE CTE  
Andrea White Markham RRT CRE CTE

**Motivational Interviewing** (Advanced)  
Co-Facilitators: Rosa Dragonetti MSc CTE  
Stephanie Cohen RSW MSW CTE

**4:30 – 5:00 PM CNRC AGM & CAE/CRE Information Session**

**5:00 – 5:30 PM WELCOME RECEPTION**

**5:30 – 5:45 PM Welcome & Opening Remarks**

Speakers: Dr. Ken Chapman (CNRC President)  
Cheryl Connors (Executive Director)  
Kristine Petrasko (Conference Planning Chair)

**5:45 – 6:15 PM INDUSTRY SYMPOSIUM**

**Challenge of Choice:  
A New Asthma Epoch**

Speaker: Patrick Mitchell MB BCh BAO MD MRCPI  
Sponsored by: 

**6:15 – 6:45 PM Call to Action on Climate Change and Health**

Speaker: Jean Zigby MD CCFP(CP)

**6:45 – 7:30 PM The Power of an Educator:  
How to Invoke Change,  
Hope & Inspiration**

Speaker: Jill Hubick BKin BSN RN CRE

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RÉSEAU QUÉBÉCOIS D'ÉDUCATION  
EN SANTÉ RESPIRATOIRE  
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# PROGRAM AT A GLANCE Continued

## Friday, November 15, 2019 (Morning)

- 8:00 – 8:45 AM INDUSTRY SYMPOSIUM**  
**An Update on Asthma Management in Canada**  
Speaker: Christopher Liciskai BSc MD FRCPC  
Sponsored by: 
- 8:45 – 9:00 AM BREAK**
- 9:00 – 10:00 AM KEYNOTE ADDRESS**  
**Resiliency through Optimal Stress, Resourcefulness, and Goal Setting**  
Speaker: Robyne Hanley-Dafoe BSc BEd MEd PhD
- 10:00 – 10:45 AM Vaping: The Good, the Bad & the Ugly**  
Speaker: Robert Schwartz PhD
- 10:45 – 11:15 AM REFRESHMENT BREAK & VISIT EXHIBITS**
- 11:15 AM – 12:30 PM WORKSHOPS**
- 101 When There is a Lot Going On: Asthma Comorbidities & Self-Management Issues**  
Facilitators: Christine Duteriville RN BScN  
Kathy Riches RN BScN  
Marie Letourneau RN BScN
- 102 Bronchiectasis Versus COPD: Differential Diagnosis & Management**  
Facilitator: Isabelle Leclerc IA/RN
- 103 Wait Till You See My New...! Tobacco, Vaping & Cannabis Products**  
Facilitator: Kathy Hayward BSP CDE CRE CTE
- 104 Spirometry Interpretation Made Easy!**  
Facilitators: Amin Thawer RRT CRE  
Jeanna Townsend RRT CRE
- 105 Alpha-1 Antitrypsin Deficiency: What the Respiratory Educator Needs to Know**  
Facilitator: Ken Chapman MD MSC FRCPC FACP FERS
- 106 Culturally Sensitive Approaches to Commercial Tobacco Cessation with Indigenous Peoples**  
Facilitator: Darrel Melvin RRT CRE CTE
- 107 Diagnosing & Managing Asthma for Preschoolers**  
Facilitator: Francine Ducharme MD FRCP(c) CAHS
- 108 Cheminement dans l'asthme sévère : Éducateur en 2019...sans y perdre son latin!**  
Facilitatrices : Lyne Ringuette IA  
Livia Battisti INH ECA

## Friday, November 15, 2019 (Afternoon)

- 12:30 – 1:30 PM LUNCH**  
**CNRC Vaccine Educational Tool Launch**  
Speaker: Andrea White Markham RRT CRE CTE
- 1:30 – 2:00 PM Evaluating Research & Discussion**  
Speaker: Heather Sharpe RN MN PhD CRE CTE
- 2:00 – 2:45 PM INDUSTRY SYMPOSIUM**  
**Advancements in the Management of Severe Asthma**  
Speaker: Christopher Liciskai BSc MD FRCPC  
Sponsored by: 
- 2:45 – 3:00 PM POSTER PRESENTATIONS**
- 3:00 – 3:30 PM REFRESHMENT BREAK & VISIT EXHIBITS**
- 3:30 – 4:45 PM WORKSHOPS**
- 201 Chronic Disease Management: Morbidities, Multi-Morbidities & Dominant Morbidities**  
Facilitator: Ken Burns RPH BScPharm CDE CRE CTE
- 202 How to Prepare a Self-Management Asthma Action Plan**  
Facilitator: Lana Biro BSc RRT CRE
- 203 Adapting Practice for Mental Health**  
Facilitators: Rosa Dragonetti MSc CTE  
Stephanie Cohen RSW MSW CTE
- 204 Canada Café Mentor Session: A Facilitated Coffee Talk with Experienced Educators**  
Facilitators: Amy Massie RRT CRE  
Adrienne Racher RRT CRE
- 205 Singing to Breathe**  
Facilitator: Meeran Manji RN CRE  
Hannah You MMT MTA
- 206 Screening for Comorbidities in COPD: Tools to Identify and Manage a Comorbid State**  
Facilitators: Lynard Higoy BMR RRT CRE CTE  
Rena Sorensen RRT MSc CAE
- 207 Vaccine Hesitancy**  
Facilitator: TBA  
Sponsored by: 
- 208 Éduquer ou enseigner : l'importance de faire toute la différence**  
Facilitatrices : Martine Gagnon BSc inf  
Myriam Gagné PhD

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# PROGRAM AT A GLANCE Continued

## Saturday, November 16, 2019 (Morning)

### 8:00 - 8:45 AM **INDUSTRY SYMPOSIUM**

#### **COPD Management**

Speaker: TBA

Sponsored by:



### 8:45 - 9:00 AM **BREAK**

### 9:00 - 10:00 AM **KEYNOTE ADDRESS**

#### **The Ripple Effect: Sleep, Eat, Move & Think Better**

Speaker: Greg Wells PhD



### 10:00-10:30 AM **What's New in Allergy?**

Harold Kim MD FRCP

### 10:30 - 11:00 AM **POSTER SESSION**

#### **REFRESHMENT BREAK & VISIT EXHIBITS**

### 11:00 AM - 12:15 PM **WORKSHOPS**

#### **301 Understanding Direct and Indirect Testing in the Diagnosis of Asthma**

Facilitator: Melanie Kjarsgaard RRT CRE

#### **302 Programs Making a Difference with Vulnerable Populations**

Facilitator: Margot Underwood RN MN CRE CTE

#### **303 Exercise Anywhere, Anytime – No Gym Required!**

Facilitators: Angie Shaw RRT CRE  
Blayre Martin MA(Kin)

#### **304 Finding a BETTER Way to Chronic Disease Prevention**

Facilitator: Heidi Cheung MHS RRT CRE

#### **305 Asthma Mimickers**

Facilitator: Alan Kaplan MD CCFP(EM) FCFP

#### **306 Using CBT, DBT & Mindfulness to Create Smoking Cessation Plans for Tobacco, Vaping & Cannabis**

Facilitator: Ken Burns RPH BScPharm CDE CRE CTE

#### **307 Allergy Management for Respiratory Educators**

Facilitator: Harold Kim MD FRCP

#### **308 Faire la différence pour les personnes atteintes de MPOC en fin de vie et leurs aidants**

Facilitatrices : Josée Dagenais BSc inf  
Diane Nault BSc inf MSc  
Nathalie Painchaud BSc inf  
Lise Tremblay MD PhD

## Saturday, November 16, 2019 (Afternoon)

### 12:15 - 1:15 PM **A. Les McDonald Awards Luncheon**

### 1:15 - 1:45 PM **INDUSTRY SYMPOSIUM**

#### **Beyond the Prescription: A Patient's Journey to Better Asthma Control**

Speakers: Ken Chapman MD MSC FRCP FACP FERS  
Kim Lavoie PhD

Sponsored by:



### 1:45 - 2:15 PM **Cannabis & Respiratory Health**

Speaker: Matthew Stanbrook MD PhD FRCPC FACP

### 2:15 - 2:45 PM **What is the Buzz about Medical Cannabis?**

Speaker: Alan Kaplan MD CCFP(EM) FCFP

### 2:45 - 3:15 PM **REFRESHMENT BREAK**

### 3:15 - 4:00 PM **Tobacco/Cannabis Co-Use**

Speaker: Andrea Weinberger PhD

### 4:00 - 4:45 PM **Neurobiology of Addiction: Tobacco, Vaping & Cannabis + Successful Strategies for Cessation**

Speaker: Peter Selby MBBS CCFP FCFP MHS DipABAM

### 4:45 PM **Closing Remarks**

Speakers: Dr. Ken Chapman  
Cheryl Connors  
Kristine Petrasko

