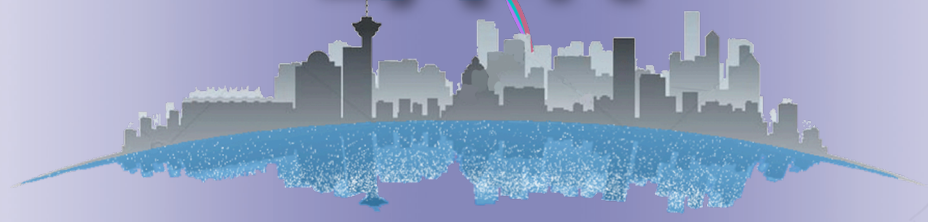


CANADIAN NETWORK FOR RESPIRATORY CARE



**WELCOME
BACK**



**NATIONAL RESPIRATORY CARE &
EDUCATION CONFERENCE**

November 16-18th, 2023, Hyatt Regency Vancouver, BC

PROGRAM AT A GLANCE

PROGRAM AT

Thursday, November 16th, 2023

MOTIVATIONAL INTERVIEWING (MI):

Practice Makes Better

Facilitators: *Andrea White Markham* RRT CRE CTE
Kathy Hayward BSP CDE CRE CTE
Aaron Ladd BMR RRT FCSRT MEd CTTS CRE CTE
Rosa Dragonetti MSc RP CTE

12:30 – 4:30 pm

Welcome Reception

Climate Change and Lung Health

Dr. Christopher Carlsten

4:45 – 5:45 pm

5:45 – 6:30 pm

INDUSTRY SYMPOSIUM

Elevated Risk of Herpes Zoster in Respiratory Care

Speaker: TBA

Sponsored by



6:30 – 7:15 pm

7:15 – 7:30 pm

COFFEE & DESSERT BREAK

7:30 – 8:15 pm

Change the Inhaler and Save the World!! Really?

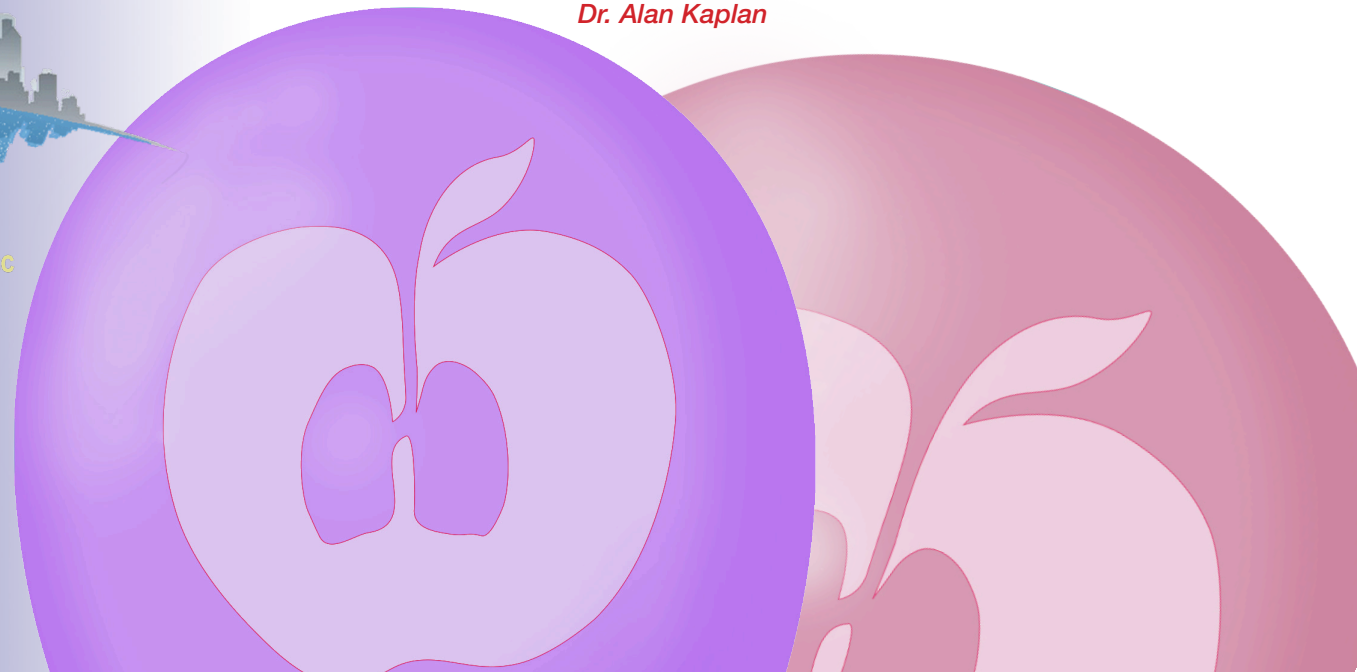
Dr. Alan Kaplan

CANADIAN NETWORK FOR RESPIRATORY CARE



NATIONAL RESPIRATORY CARE & EDUCATION CONFERENCE

November 16–18th, 2023, Hyatt Regency Vancouver, BC



A GLANCE

Friday, November 17th, 2023

8:00 – 8:45 am

BREAKFAST SYMPOSIUM
Sponsored by 
Respiratory Round-up
Dr. Vivien Brown

9:00 – 9:15 am

WELCOME & OPENING REMARKS

9:15 – 10:15 am

KEYNOTE
**The Quest For Purpose:
A Self-Discovery Process to
Find It and Live It!**
Dr. Ken Keis

10:15 – 10:45 am

REFRESHMENT BREAK & VISIT EXHIBITS

10:45 am – 12:00 pm

WORKSHOP
**What Do You Really Value?
Learn What Motivates Self and Others!**
Dr. Ken Keis

12:00 – 12:45 pm

LUNCH

12:45 – 1:15 pm

INDUSTRY SYMPOSIUM
CREs and the Heart of COPD
Sponsored by 
Stephanie Kwong BSC RRT
Rodney Naylor BA RRT

1:15 – 1:45 pm

INDUSTRY SYMPOSIUM
**A Breath of Fresh Air for Asthma:
Biologics, Consensus Guidance and
When to Refer to a Specialist**
Sponsored by 
Kai Carlsen PCP RRT
Stephanie Kwong BSC RRT

1:45 – 3:00 pm

WORKSHOPS SESSION #1

**101 Breathing Life into Inhaler Education:
A CRE's Perspective**
Facilitator: Ellen Fleming-Michaud RRT CRE

**102 “They Say They’re Exercising, But Are They
Really?” Measuring Fitness in Small Office
Settings (And Even Virtually!)**
Facilitators: Angie Shaw RRT CRE
Elyssa Mountain RKin CRE

**103 “When They Say Quitting is Killing Me, Maybe
They’re Right”: Managing Medication during
Smoking Cessation**
Facilitators: Jamil Ramji PharmD ACPR CTE
Andrea White Markham RRT CRE CTE

**104 Under the Covers:
Sleep’s Vital Role in Both the Development &
Management of Respiratory Disease**
Facilitator: Melva Bellefontaine RRT CRE

3:00 – 3:30 pm

REFRESHMENT BREAK & VISIT EXHIBITS

3:30 – 4:45 pm

WORKSHOPS SESSION #2

201 COPD Management: It’s Not Just the Drugs!
Facilitators: Kathy Hayward BSP CDE CRE CTE
Cindy Slack RRT CRE CTE

**202 Why Failing to Find the Why and Fix the
Why is Why We Fail: Unmasking the Complex
Connection Between Mental Health and
Achieving Health Goals**
Facilitators: Ken Burns RPH BScPharm CDE CRE CTE
Andrea White Markham RRT CRE CTE

**203 Canada Café Mentor Session: A Facilitated
Coffee Talk with Experienced CREs**
Facilitators: Amy Massie RRT CRE
Adrienne Racher RRT CRE

**204 Paediatric Asthma Guidelines Update:
Diagnostic, Management and Education
Considerations for Children under the
Age of 6 Years**
Facilitators: Ingrid Berg RN BScN CAE
Minna Miller DNP MSN BA RN NP(F) FAANP

4:45 – 5:15 pm

CNRC AGM

PROGRAM AT A GLANCE

Saturday, November 18th, 2023

BREAKFAST SYMPOSIUM

Sponsored by **GSK**

**Who Saved Alex Alveolus?
A Multi-Disciplinary Approach to
COPD Management**

KEYNOTE
Trauma: It's in the Air!
Dr. Christine Gibson

**T2 Biologics:
It's Not Just About Asthma!**
Dr. Harold Kim

REFRESHMENT BREAK & VISIT EXHIBITS

WORKSHOPS SESSION #3

301 Allergy Hot Topics

Facilitator: *Dr. Harold Kim*

302 Pulmonary Rehab: A Patient's Journey

Facilitators: *Valerie Filteau* BSCPHYSIO CRE
Matthew Burns RKIN CRE

303 Dysfunctional Breathing (DB) & Asthma

Facilitator: *Kathy Courtney* RRT RCPT(P) CRE CTE

304 Unlocking Health and Well-being: Harnessing CBT Techniques for Goal Achievement

Facilitator: *Rosa Dragonetti* MSC RP CTE

12:15 – 1:30 pm

LUNCH

INDUSTRY SYMPOSIUM

Sponsored by **GSK**

**A New Shot at Respiratory Prevention:
RSV and Older Adults**

Dr. Rita Wittmann

A. Les McDonald Awards

Poster Presentations

**Generation Unfiltered:
Tackling Youth Tobacco, Vaping,
and Cannabis Challenges**
Dr. Peter Selby

REFRESHMENT BREAK & VISIT EXHIBITS

**Clearing the Air:
Current Approaches to Tobacco Cessation**
Aaron Ladd BMR-RT RRT MED FCSRT CTTS CRE CTE

**Tobacco, Vaping & Cannabis:
Navigating the Hazy Maze of Choices
& Consequences**

Panel: *Aaron Ladd* BMR-RT RRT MED FCSRT CTTS CRE CTE
Dr. Peter Selby
Rosa Dragonetti MSC RP CTE
Ken Burns RPH BS Pharm CDE CRE CTE
Moderator: *Kathy Hayward* BSP CDE CRE CTE

4:45 – 5:00 pm

Closing Remarks